

## YDMT News Release

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### Lindsey Chapman joins Together for Trees

Yorkshire-born actress, television and radio presenter Lindsey Chapman is showing her support for woodland restoration across her home county by joining the Together for Trees Appeal.

Launched earlier this year by Yorkshire Dales Millennium Trust (YDMT), the Appeal calls for public support to help the charity plant 100,000 native broadleaf trees over the next two years, to create beautiful woodlands that everyone can enjoy.

Lindsey said: "Being outside and enjoying the natural world is so good for our physical and mental well-being. The thing I love most is the freedom you get from being in the natural environment. Trees have always been a huge part of that for me, and I have lots of special memories connecting me to woodlands, so I think the idea of planting 100,000 new trees across the Yorkshire Dales is brilliant. Taking time away from my hectic day-to-day lifestyle to visit a woodland gives me headspace. I'd encourage everyone to find their own space in the natural world."

Since 1996 YDMT has worked with landowners and partners including Yorkshire Dales National Park Authority, Forestry Commission and Woodland Trust to plant around 1.4 million new trees, creating hundreds of new woodlands across the region.

However, the UK has far less woodland than the rest of Europe, and in the Yorkshire Dales native broadleaf woodland cover accounts for just 2.7%. Disease and poor management threaten existing woodlands, where many trees are reaching maturity, meaning that there is a vital need to care for our woodlands and to plant new trees for the future.

Michael Devlin, YDMT Development Manager, said: "Like Lindsey, we recognise that spending time among trees and woodlands can help people to feel healthier and happier. We believe that everyone should have access to trees, and we're passionate about continuing our work with disadvantaged groups such as young carers, homeless people, refugees and asylum seekers, many of whom live with disabilities, mental illness and social isolation. We are delighted that Lindsey is lending her voice to our Together for Trees appeal, helping us to raise support to plant 100,000 trees in the Dales whilst providing opportunities for people to get involved and connect with nature."

By supporting the Together for Trees appeal, you can help YDMT to create beautiful living spaces that everyone can enjoy for years to come. A donation of £6 per month could help protect and manage a semi-natural woodland to allow wildlife to flourish. A donation of £15 can help to plant a new native broadleaf tree. £40 could help a disadvantaged person or school child to visit the Dales to take part in a woodland activity, improving their well-being while ensuring that these habitats are understood.

To support the appeal visit [www.ydmt.org/together-for-trees](http://www.ydmt.org/together-for-trees) or call YDMT on 015242 51002.

**ENDS**

**Photos:** Lindsey Chapman.

Alternative images available on request.

## **NOTES TO THE NEWSDESK**

For more information, please call Sarah Pettifer at YDMT on 015242 51002 or email [media@ydmtd.org](mailto:media@ydmtd.org)

### **About Yorkshire Dales Millennium Trust**

Yorkshire Dales Millennium Trust (YDMT) is a small charity doing big things to support the people, landscape and wildlife of the Dales.

To date the charity has helped to deliver inspiring projects worth around £28 million in the Yorkshire Dales and surrounding areas. These projects cover areas as diverse as countryside apprenticeships, supporting local communities, education and outreach, restoring woodlands and wildlife habitats, and improving access and understanding of this special place.

The Trust has recruited over 50,000 supporters to date. Find out more at [www.ydmtd.org](http://www.ydmtd.org)